

TIME OUT 2016

A photographic and inspiring journey to the monastery of Plum Village, along the French Atlantic coast and the green Way of St. James in the North of Spain. Everywhere you find timeless peace and more ...



☺ Welcome to the Monastery of Plum Village, the Atlantic coastline and the Way of St. James, where time offers you a different way of being. ☺

Art, belief and nature melt in a backyard shortly before the milestone Comillas on the way of the Camino del Norte (Spain) – June 2015



☺ Decide what drop of water you want to be regarding size, glory and willingness to transform. ☺

Remnants of rain reflect the universe in the meditative water lily pond of the monastery Upper Hamlet - Plum Village (Southern France) – May 2015



☺ It's often the arduous and stony paths that take you to places where you are feeling well. ☺

A dam shortly before San Vicente de la Barquera brings a fisherman emotionally very close to the endless sea (Northern Spain) – June 2015



☺ Linger. Wander around with your eyes in peace. Discover behind your filters yourself. ☺

A neutral observer enjoys on the promenade of Biarritz one of the many magnificent buildings of bygone days (Atlantic Coast) – June 2015



☯ Meet the stormy waves of life like rocks: they use them to reshape themselves. ☺

Powerful movement of the surf at one of the many beaches between Llanes and Barru on the Camino del Norte (Northern Spain) – June 2015



☯ Listen deeply inside until you are flooded with certainty: You are never alone. Someone protects you. ☺

Delicate Buddha sculptures in the peaceful enchanted forest of Upper Hamlet (Plum Village) invite you to linger (Southern France) – May 2015



☯ Have the courage to engage in something unknown. The universal powers of harmony will carry you. ☺

A tireless surfer enjoys the oneness with the sea and the mystical power of the setting sun at Lacanau-Océan Beach (Atlantic Coast) – May 2015



☺ Consider that there is always an endless number of other varieties besides your reality and truth. ☺

The molecular arrangement of overhead large balls reflect the Guggenheim Museum of Bilbao in the evening sun (Basque Country) – June 2015



☺ Those who open up are vulnerable. In return one feels the warmth and sun's light in one's core. ☺

Bizarre tree forms enjoying their existence right on the cliffs of the picturesque harbor town promenade of Llanes (Northern Spain) – June 2015



☯ Enjoy the infinite diversity of life, knowing that there is nothing such as consistency. ☺

The waves, the sand and the sun playing their grandiose, endless symphonies on the dream beach of Zarautz (Basque Country) – May 2015



☺ Stand solid like a rock: be powerful as the waves, agile like the clouds and humble like the sun. ☺

A spectacular sunset is accompanied by the waves' breakup on the geologically unique beach of Zumania – May 2015



☯ Enjoy without regrets. Rejoice the muse without bad conscience. Live without feelings of guilt. ☺

After a few French tapas with seafood at the bootless harbor of Guethary my "café au lait" starts vibrating in its colorfulness – June 2015



☺ Wherever you decide to settle down homely, do it with love and in harmony with nature. ☺

Earth has "unfolded" itself about 50 million years ago at the beach of Zumania and now dives with its steep cliffs into the Atlantic Ocean – May 2015



☺ You can reinvent and paint the wheel of your life every day. Every day. ☺

Bonus-Picture: A sand artist has immortalized himself for a moment at Biarritz' surfers beach, while others wait for the right waves – June 2015

THANK YOU

for Your

TIME